



**holmlands**  
PRICE GUIDE

A decorative floral pattern in a light beige color is positioned on the left side of the page. It features stylized flowers, leaves, and swirling vine-like motifs that extend from the top left towards the bottom right.

## *Holmlands Hair and Beauty*

Situated in the leafy suburb of Ashbrooke, Holmlands offers a wide variety of hair and beauty treatments. Our team of fully qualified hairdressers and beauty therapists are trained to the highest standard ensuring you leave feeling relaxed and refreshed. Each client will be given individual advice on how to maintain healthy looking hair, skin or nails!



## *Hairdressing Services*

Re-Style .....	from £26.00
Cut & Blow Dry .....	from £20.00
Blow Dry .....	from £12.00
Pin Up .....	from £18.00
Gents Dry Trim .....	from £10.00
Gents Wash Cut & Finish .....	from £12.00
Roots .....	from £47.00
Full Head Colour (short) .....	from £55.00
Full Head Colour (long) .....	from £60.00
Partial Highlights .....	from £50.00
Half Head Highlights .....	from £60.00
Full Head Highlights .....	from £70.00
Perm (short hair) .....	from £50.00
Perm (long hair) .....	from £65.00
Kids .....	from £5.00

## *Hair Extensions*

Hair Extensions are an easy way to change your hairstyle and colour. Holmlands offer over 150 different lengths and colours ensuring there is a style to suit everyone. Whether you've dreamed of transforming your short hair into long luscious locks or just simply adding instant volume, our team at Holmlands are here to help.

A full consultation (20 Minutes) is required before an accurate price can be given. We offer both semi permanent (lasts 2-3 months) and weft extensions (lasts 7-10 days). Temporary wefts are the ideal option for a special occasion i.e. wedding day, birthday, prom night or christmas party. Wefts can be removed and kept safe, ready to be re-applied.

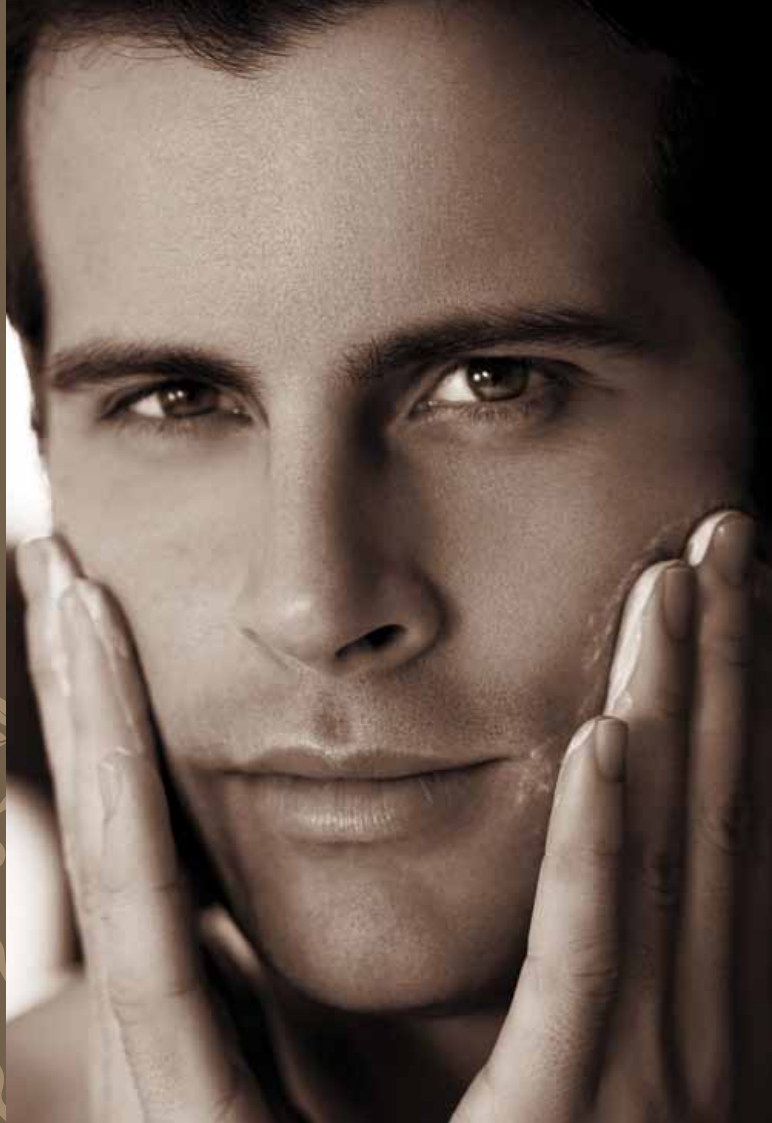
Wefts (lasts 7-10 days) .....	from £120.00
Semi Permanent (lasts 2-3 months) .....	from £300.00



# Men's Treatments

Practical & effective treatments specially designed for men

Aromassage Facial .....	1 Hour	£30.00
Aromassage Facial & Full Body Massage .....	2 Hours	£60.00
Microdermabrasion .....	30 Minutes	£45.00
Fake Bake Spray Tan .....		£27.00
St. Tropez Spray Tan .....		£22.00
Jessica Manicure .....		£18.00
Jessica Pedicure .....		£20.00
Chest Wax .....		£15.00
Back Wax .....		£15.00
Eyebrow Wax .....		£6.00
Eyelash Tint .....		£8.00
Eyebrow Tint .....		£6.00





## *Decleor Facials*

For more than 30 years Decleor has maintained a close alliance with the kingdom of plants, a relationship that stems from the wisdom of the ancient world and traditional pharmacy. Each Decleor facial begins with a foot cleanse, back diagnostic massage and finishes with a scalp massage. Step in and experience pure relaxation, sooth away stress and feel totally refreshed - Enjoy!

Say goodbye to a tired dull complexion. Let our trained therapists soothe away tired looking skin. A relaxing cleanse tone and peel is followed by a relaxing face, neck and shoulder massage. A mask will be chosen for your facial needs. Reveal a healthy looking you.

Aromassage Facial ..... 1 Hour £35.00

A Salon only treatment designed to deeply moisturise and nourish the skin. The luxury of this facial is the 100% natural mineral and multivitamin mask designed to leave your skin feeling soft, smooth and refreshed. A real must have.

Aromaplastie Facial ..... 1 Hour 15 Minutes £40.00

The ultimate in skincare. This facial is designed to suit each and every client. A specialist mask is formulated by your therapist to meet your skin's needs.

Whilst restoring firmness, the expert facial also plumps out fine lines and improves the appearance of wrinkles.

Aromaexpert Facial ..... 1 Hour 15 Minutes £45.00

Ideal for young problem skin. Helps to prevent breakouts and those occasional blackheads.

Teen facial ..... 40 Minutes £20.00

An anti ageing treatment for the eyes. Instantly soothes away tension, reduces puffiness and dark shadows. Helps with the appearance of fine lines and wrinkles.

Vital Eyes ..... 1 Hour £38.00

## Microdermabrasion

Skin Tech uses wheatgerm crystals drawn from the finest wheat embryo. The crystals used are 100% organic and natural. While the exfoliation of skin cells takes place, the crystals also feed the skin with vitamins A, B, C and E. A must have treatment for minimising the appearance of fine lines, wrinkles, scarring, pigmentation, acne, dull skin, uneven skin tone and sun-damaged skin. Microdermabrasion can also be used on areas of the body.

Single Treatment ..... 30 Minutes £45.00

A Course of 5 ..... (saving £45) £225.00

## Tailor-made Facials

Microdermabrasion & Make-Up Application ..... 1 Hour £50.00

Microdermabrasion & Decleor Aromassage Facial ..... 1 Hour 15 Minutes £60.00

Microdermabrasion & Decleor Aromaplastic Facial ..... 1 Hour 30 Minutes £65.00

Microdermabrasion & Decleor Aromaexpert Facial ..... 1 Hour 30 Minutes £70.00

Take 10 Non-Surgical Face Lift & Decleor Aromassage ..... 1 Hour 10 Minutes £50.00

Take 10 Non-Surgical Face Lift & Decleor Aromaplastic ..... 1 Hour 25 Minutes £55.00

Take 10 Non-Surgical Face Lift & Decleor Aromaexpert ..... 1 Hour 25 Minutes £60.00

## Non-Surgical Face & Body Treatments

The ultimate slimming and toning system incorporates the most powerful non surgical face-lift machine on the market today!

A 10 minute face lift technology and an equally powerful body contouring system.

### TAKE 10 NON-SURGICAL FACE LIFT

Dr. Ronald Baxendale created this system due to patients suffering with facial paralysis and Bell's Palsy. He developed a safe wave form up to 1,000 times stronger than anything else on the market. It rebuilds facial muscle mass and results are visible after the first treatment. Tones up loose sagging skin, reduces double chin, enhancing facial features. Each session is only 10 minutes.

Single Treatment ..... £35.00

Course of 10 ..... (saving 50.00) £300.00

### SLIM TONE

This provides slimming, toning and Cellulite programmes for the body. Results are immediate and can be intensified depending on the level of your workout, just like conventional exercise.

Helps to slim and reduce problem areas, tones, shapes and refirms the body. 20 minutes is the equivalent to 360 repetitions, i.e. 360 sit ups.

Single Treatment ..... £45.00

Course of 15 ..... (saving £225) £450.00



## ADDITIONAL NON-SURGICAL TREATMENTS

### Eyes Like Diamonds

Instantly lifts & tones lines and wrinkles revitalising dark circles.

1 Treatment.....	25 Minutes	£40.00
5 Treatments .....	(saving £40.00)	£160.00

### Hand Rejuvenation

To plump and smooth out ageing hands.

1 Treatment.....	20 Minutes	£25.00
5 Treatments .....	(saving £25.00)	£100.00

### Bust Enhancement

A lifting and firming bust treatment.

1 Treatment.....	55 Minutes	£50.00
5 Treatments .....	(saving £50)	£200.00

### Back Stress or Sciatica

Stimulates circulation to aid in healthy healing and relaxation.

1 Treatment.....	20-30 Minutes	£35.00
5 Treatments .....	(Saving £35.00)	£140.00

### Pre-Holiday Cellulite Treatment

Helps smooth out orange peel effect and gently lifts and tones the muscle.

1 Treatment.....	2 Hours	£80.00
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### Little Black Dress

Removes toxins from the body and remoulds your figure, losing inches instantly.

1 Treatment.....	2 Hours	£80.00
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## LYMPHATIC DRAINAGE TREATMENT

Lymphatic Drainage is an internal body or facial cleanse. It uses a specific micro current to stimulate the flow of lymph fluids - an instant detoxification. It can be used to treat and improve problems on face and body, resulting in cellulite reduction and instant inch loss. It also improves poor circulation, helping in the elimination of water retention. The process can reduce acne and scarring, minimise under-eye bags and dark circles, it can even clear any sinus blockages or give you an instant boost after illness. The perfect kickstart to a diet or exercise regime.

1 Treatment.....	20-30 Minutes	£35.00
5 Treatments .....	(saving £35.00)	£140.00

## Luxury Body Treatments

### MASSAGE

Step into our magical haven and let our fully trained therapists ease away life's stresses and strains. Both Swedish and Aromatherapy techniques are used to boost circulation and give total relaxation.

Full Body Massage.....	1 Hour	£40.00
Back, Neck and Shoulder.....	30 Minutes	£20.00

### FULL BODY FACIAL

Step 1: Exfoliate Step 2: Mask Step 3: Massage

1 Treatment.....	1 Hour 15 Minutes	£45.00
5 Treatments .....	(saving £45.00)	£180.00

## PURIFYING BACK TREATMENT

An exotic Ginger and Lime Back scrub treatment, an exfoliation ritual to invigorate mind and body.

1 Treatment.....	30 Minutes	£22.00
5 Treatments .....	(Saving £22.00)	£88.00

## Jessica - Upscale Nail

Jessica is recognized as the best in the world. The upscale nail treatment and zen spa pedicure system are used in every manicure and pedicure. A unique concept where nails are carefully analysed and an individual treatment plan prescribed to guarantee beautiful healthy nails in just weeks. La Remedi is an anti-ageing treatment used in our deluxe range.

### JESSICA HANDS

File & Polish .....	£10.00
French File & Polish .....	£12.00
Classic Manicure .....	£20.00
French Manicure.....	£22.00
Le Remedi Manicure (Anti-ageing) .....	£25.00
Le Remedi Deluxe Manicure (with Heated Mitts).....	£30.00

### JESSICA FEET

File & Polish .....	£12.00
French File & Polish .....	£15.00
Classic Pedicure .....	£24.00
French Pedicure.....	£26.00
Le Remedi Deluxe Pedicure (with Heated Booties) .....	£34.00

## *Calgel Everlasting Polish*

Specially formulated to enhance your natural nail. 100% organic and can easily be removed without the slightest damage or trauma to your own nails. A perfect solution to help strengthen weak nails and improve nail growth, lasts approximately 2-3 weeks, ideal for going on holiday!

Clear.....	£25.00
Colour .....	£30.00
French .....	£35.00
Infills .....	from £20.00
Removal & Manicure .....	£25.00

*Also available on toes - ask for details.*

## *Nail Extensions*

Acrylic Nail Extensions .....	£30.00
Gel Nail Extensions .....	from £30.00
Infills .....	from £20.00
Express Tips (last 4-5 days) .....	£15.00
Removal & Manicure .....	£25.00

## *Make-Up - Jane Iredale*

The most technically advanced make-up in the world. The most beautiful cosmetic you can wear is a healthy skin. This is why everything Jane Iredale develops is a true extension of skincare. This range is so effective it is recommended by plastic surgeons, dermatologists and skincare professionals. The vitamins and anti-oxidants are pharmaceutical graded and certified organic. This make-up is so gentle on the skin it is even safe to wear overnight, unlike any other make-up. At last, a make-up that is good for the skin.

### **MAKE-UP ARTIST TO THE STARS**

Jen represented her company three years in a row at London Fashion Week and helped apply the Catwalk Model's make-up, with over ten years experience in the beauty industry she has a wealth of skincare knowledge, from day make-up to evening make-up.

If you have something special to look forward to, e.g. prom, wedding, party, etc., why not let Jen teach you what to wear?

***Book a make-up lesson or a make-up application today.***



Make-Up Application .....	£20.00
Make-Up Application & Lesson.....	£35.00
Express Facial & Make-Up .....	£45.00
Wedding Day Trial & Consultation .....	£30.00
Wedding Day Make-Up.....	£30.00



## *Hair Removal - P.H.D.*

Beware of the Wax Pot! At Holmlands we use a unique waxing system known as P.H.D. (Professional, Hygienic and Disposable) which is exactly what P.H.D. is. It operates on a new applicator head for each client, which is disposed of after each use, 100% sterile!

1/2 leg .....	£15.00
Full Leg .....	£20.00
Bikini Line .....	£10.00
Brazilian .....	£15.00
Underarm .....	£9.00
Forearm .....	£12.00
Eyebrow .....	£6.00
Upper Lip .....	£5.00
Chin .....	£5.00
Chest .....	£15.00
Back .....	£15.00

## *Eye Treatments*

Eyelash Tint .....	£8.00
Eyebrow Tint .....	£6.00
Eye Package: Eyelash Tint, Eyebrow Tint, Eyebrow Wax .....	£18.00
Individual Eyelashes .....	from £15.00

**Please Note:** All tinting requires a patch test to be taken 24 hours prior to treatment

## *Tanning Treatments*

### FAKE BAKE - THE ULTIMATE IN TANNING TREATMENTS

Fake Bake Spray Tan .....	£27.00
Fake Bake Rub On .....	£45.00

### ST. TROPEZ - FOR THE PERFECT TAN!

St. Tropez Spray Tan .....	£22.00
St. Tropez Rub On .....	£40.00

## *Sunbeds*

3 Minutes .....	£2.00
6 Minutes .....	£4.00
9 Minutes .....	£6.00
60 Minutes .....	£12.00





## *Packages*

**Holiday Package:** Eyebrow Wax & Tint, Eyelash Tint, Bikini Line Wax, Classic Pedicure, Finger File & Polish..... 2 Hours £50.00

**Prom/Party Package:** Fake Bake Spray Tan, Eyebrow Wax, Finger File & Polish, Hair & Make-Up ..... 2 Hours £70.00

### **Bride & Groom Wedding Package:**

Bride's Declear Aromassage Facial, Eyebrow Wax & Tint, Classic Jessica Manicure.

Groom's Declear Aromassage Facial, Eyebrow Shape & Manicure.

2 Hours 30 Minutes..... £100.00

### **Bridal Package:**

Spray Tan, Make-Up Trial & Consultation, Hair Trial & Consultation, Manicure, Wedding Day

Make-Up & Hair..... 4 Hours £150.00

### **Kiddies Party Package:** (Minimum of 4 Children)

Fingers Filed & Polished, Hair Styled Make-Up Lesson

& Application on Party Girl..... £15 Per Child

DECLÉOR  
PARIS

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Professional Hygienic & Disposable Washing System

SKINTECH  
ADVANCED SKIN TECHNOLOGIES

FakeBaké

clynol  
salon exclusive

genie

ST. TROPEZ

JESSICA®

ghd

i

Calgel

jane iredale

### OPENING HOURS

Monday: 9am-5pm

Tuesday & Wednesday: 9am-5pm

Thursday: 9am-7pm

Friday: 9am-6pm

Saturday: 9am-4pm

HOLMLANDS ALSO OFFER GIFT VOUCHERS AND AN EXTENSIVE RANGE OF GIFT IDEAS AND ACCESSORIES FOR ALL OCCASIONS.

TAILOR-MAKE YOUR OWN PACKAGE AT A SPECIAL RATE PRICE - PLEASE ASK FOR DETAILS.

